



# Feed a Family- Chicken Bowl Service Project

*Feeding the hungry, nourishing the soul*

Each day we celebrate God's abundance and blessings in our lives. For those concerned for the welfare of the food insecure, this project is a great way to recognize families struggling to put nourishing food on their tables. This opportunity allows you to come together with loved ones, co-workers, or friends to assemble a meaningful and nutritious **Family Meal Recipe Pack** from your home, school, or workplace.

## Items Needed

1lb. – 2lbs. Bag of Dry Rice

1lb. – 2lbs. Bag of Dry Beans (any dark bean)

1 Can of Corn

1 Canned Chicken

Please assemble one of each item into a Ziploc bag (*gallon sized work best*). Bags can be dropped off during Monday through Friday business hours of 10am-4pm (*please coordinate ahead of time*) or in our 24/7 donation drop off bins located in front of the office entrance (*Address below*).

Should you require service hour verification, please reach out to our Volunteer Coordinator for further instructions.

On how to organize a food drive event for a school, parish, or organization please reach out to our Outreach Specialist.



Drop off donations to:

Catholic Charities Diocese of Arlington  
8426-28 Kao Circle  
Manassas, VA 20110

Outreach Specialist  
[James.McCaskey@ccda.net](mailto:James.McCaskey@ccda.net)  
703-479-2975 ext. 1703

Volunteer Coordinator  
[Maria.Rodriguez@ccda.net](mailto:Maria.Rodriguez@ccda.net)  
703-479-2975 ext. 1701